



NEWS RELEASE

For immediate release

Singlife Partners Singapore Academy of Law to Offer Mental Wellness Insurance to Legal Professionals

SINGAPORE, 7 October 2024 – Leading homegrown financial services company **Singlife** is partnering the **Singapore Academy of Law (SAL)** to offer a comprehensive group mental health and wellness insurance scheme for its members. The programme will give members access to coaching sessions, clinical counselling, and self-care resources to help them build mental wellness and cope with the mental stress of legal practice.

More than 13,000 legal professionals will be eligible for the complimentary scheme which includes a range of mental health support services and benefits valued at over S\$1,000 per member per annum. Key features include:

- **Behavioural health coaching:** Members can receive three 30-minute virtual or text-based sessions with licensed coaches and counsellors per year.
- **Clinical counselling:** Members can access three one-hour counselling or clinical therapy sessions with licensed psychologists or psychiatrists, virtually or in person, per year.
- **Self-care platform:** Members will have access to a personalised self-care platform offering programmes, tools, and a 24/7 helpline for urgent and crisis support.

Singlife, who is underwriting the scheme, has included personal accident coverage of S\$15,000 for accidental death or total permanent disability for those who sign up. Members will also enjoy privileges, such as exclusive discounts on Singlife products, a lifestyle benefits and rewards programme, and complimentary health screenings.

The scheme was announced by The Honourable Justice Valerie Thean at the inaugural Legal Professional Symposium, organised by SAL. She said, “Globally and locally, surveys indicate mental wellness is an issue of concern, and not only within the legal profession. This initiative is timely.” The partnership with Singlife is designed to help tackle this issue and to safeguard the mental wellbeing of legal professionals.

Chia Ko Wen, Head of Sustainability, Singlife said: “We are pleased to be the first insurer to offer SAL members an insurance scheme with mental health support. This initiative underscores Singlife’s commitment to our communities under our sustainability strategy, promoting not only financial protection but also holistic wellbeing. By investing in mental wellness, we contribute to a healthier, more resilient workforce and a sustainable future for all.”

Yeong Zee Kin, Chief Executive, SAL said: “The legal profession plays a critical role in the administration of justice, and maintaining good mental wellness practices is essential for both quality of life and professional effectiveness. It’s an area that can often be overlooked, so we hope this insurance scheme will enable our members to build resilience and pursue fulfilling, sustainable careers in law.”

The two-year partnership between Singlife and SAL will start in January 2025.

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About Singlife

[Singlife](#) is a leading homegrown financial services company, offering consumers a better way to financial freedom. Through innovative, technology-enabled solutions and a wide range of products and services, Singlife provides consumers control over their financial wellbeing at every stage of their lives.

In addition to a comprehensive suite of insurance plans, employee benefits, partnerships with financial adviser channels and bancassurance, Singlife offers investment and advisory solutions through its [GROW with Singlife](#) platform. It also offers the Singlife Account, a mobile-first insurance savings plan.

Singlife is the exclusive insurance provider for the Ministry of Defence, Ministry of Home Affairs and Public Officers Group Insurance Scheme. Singlife is also an official signatory of the United Nations Principles for Sustainable Insurance and the United Nations-supported Principles for Responsible Investment, affirming its commitment to finding a better way to sustainability.

The merger of Aviva Singapore and Singlife was announced in September 2020 and created one of the largest homegrown financial services companies in Singapore in a deal valued at S\$3.2 billion. It was the largest insurance deal in Singapore at the time.

Singlife was subsequently acquired by Sumitomo Life in March 2024, one of Japan’s leading life insurers, which valued Singlife at S\$4.6 billion, making the transaction one of the largest insurance deals in Southeast Asia.