

NEWS RELEASE**NYSE Symbol: GL****Contact:** Stephen Mota
972-569-36273700 South Stonebridge Drive
McKinney, TX 75070**GLOBE LIFE INC. ANNOUNCES VIRTUAL WEBCAST FOR
2024 ANNUAL MEETING OF SHAREHOLDERS**

McKinney, Texas - April 22, 2024 Globe Life Inc. (NYSE: GL) announces the live audio webcast of its 2024 Annual Meeting of Shareholders, on Thursday, April 25, 2024 at 10:00 a.m. CDT.

To register online to attend the meeting:

- Go to: register.proxypush.com/gl.
 - Registered and beneficial shareholders - Enter the control number found in the upper right-hand corner of your proxy card.
 - Guests may register to attend and listen to the meeting.
- After registering, you will receive a confirmation email and another email approximately one hour prior to the start of the meeting with a unique link to access the virtual meeting.

The Company's Annual Meeting will be conducted in accordance with its Shareholders' Rights Policy and Robert's Rules of Order.

Globe Life Inc. is a holding company specializing in life and supplemental health insurance for the middle-income market distributed through multiple channels, including direct to consumer and exclusive and independent agencies.

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