
News Release



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• 3700 S. Stonebridge Drive
McKinney, Texas 75070

• NYSE Symbol: GL

GLOBE LIFE INC. ANNOUNCES FIRST QUARTER 2020 EARNINGS RELEASE AND CONFERENCE CALL

McKinney, Texas, April 16, 2020 –Globe Life Inc. (NYSE: GL) will release First Quarter 2020 earnings after the market closes on Wednesday, April 22, 2020. At that time a copy of the Company's Q1 - 2020 earnings press release and any other financial and statistical information about the quarter will be available on the Company's website at <https://investors.globelifeinsurance.com/> under Calls and Meetings. In conjunction with the First Quarter 2020 Earnings Release of Globe Life Inc. you are invited to listen to a conference call that will be broadcast live over the Internet on Thursday, April 23, 2020 at 11:00 am Eastern (10:00 am Central).

First Quarter Conference Call Thursday, April 23, 2020 11:00 a.m. (Eastern)

**Listen live and as a replay at <https://investors.globelifeinsurance.com/> under
Calls and Meetings**

or

Call-In Number:

334-777-6978

(Pass Code: Globe Life Inc.)

Globe Life Inc. is a holding company specializing in life and supplemental health insurance for "middle income" Americans marketed through multiple distribution channels including direct response, and exclusive and independent agencies.

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