SECURITIES AND FUTURES ACT (CAP. 289) SECURITIES AND FUTURES (DISCLOSURE OF INTERESTS) REGULATIONS 2012

NOTIFICATION FORM FOR DIRECTOR/CHIEF EXECUTIVE OFFICER IN RESPECT OF INTERESTS IN SECURITIES

FORM

1
(Electronic Format)

Explanatory Notes

- 1. Please read the explanatory notes carefully before completing this notification form.
- 2. This form is for a Director/Chief Executive Officer ("CEO") to give notice of his interests in the securities of the Listed Issuer under section 133, 137N or 137Y of the Securities and Futures Act (Cap. 289) (the "SFA"). Please note that the requirement to disclose interests in participatory interests applies **only** to a director and where the Listed Issuer is a Singapore-incorporated company.
- 3. This electronic Form 1 and a separate Form C, containing the particulars and contact details of the Director/CEO, must be completed by the Director/CEO or a person duly authorised by him to do so. The person so authorised should maintain records of information furnished to him by the Director/CEO.
- 4. This form and Form C, are to be completed electronically and sent to the Listed Issuer via an electronic medium such as an e-mail attachment. The Listed Issuer will attach both forms to the prescribed SGXNet announcement template for dissemination as required under section 137G(1), 137R(1) or 137ZC(1) of the SFA, as the case may be. While Form C will be attached to the announcement template, it will not be disseminated to the public and is made available only to the Monetary Authority of Singapore (the "Authority").
- 5. A single form may be used by a Director/CEO for more than one transaction resulting in notifiable obligations which occur within the same notifiable period (i.e. within two business days of/of becoming aware of, the earliest transaction). There must be no netting-off of two or more notifiable transactions even if they occur within the same day.
- 6. All applicable parts of the notification form must be completed. If there is insufficient space for your answers, please include attachment(s) by clicking on the paper clip icon on the bottom left-hand corner or in item 3 of Part II or item 10 of Part III. The total file size for all attachment(s) should not exceed 1MB.
- 7. Except for item 4 of Part III, please select only one option from the relevant check boxes.
- 8. Please note that submission of any false or misleading information is an offence under Part VII of the SFA.
- 9. In this form, the term "Listed Issuer" refers to -
 - (a) a company incorporated in Singapore any or all of the shares in which are listed for quotation on the official list of a securities exchange;
 - (b) a corporation (not being a company incorporated in Singapore, or a collective investment scheme constituted as a corporation) any or all of the shares in which are listed for quotation on the official list of a securities exchange, such listing being a primary listing;
 - (c) a registered business trust (as defined in the Business Trusts Act (Cap. 31A)) any or all of the units in which are listed for quotation on the official list of a securities exchange;
 - (d) a recognised business trust any or all of the units in which are listed for quotation on the official list of a securities exchange, such listing being a primary listing; or
 - (e) a collective investment scheme that is a trust, that invests primarily in real estate and real estaterelated assets specified by the Authority in the Code on Collective Investment Schemes, and any or all the units in which are listed for quotation on the official list of a securities exchange, such listing being a primary listing ("Real Estate Investment Trust").
- 10. For further instructions and guidance on how to complete this notification form, please refer to section 6 of the User Guide on Electronic Notification Forms which can be accessed at the Authority's Internet website at http://www.mas.gov.sg (under "Regulations and Financial Stability", "Regulations, Guidance and Licensing", "Securities, Futures and Fund Management", "Forms", "Disclosure of Interests").

Part I - General					
-	Name of Listed Issuer:				
	Medi Lifestyle Limited				
	Type of Listed Issuer:				
	Company/Corporation				
	☐ Registered/Recognised Business Trust☐ Real Estate Investment Trust				
	Trout Estate investment Trust				
	Name of Director/CEO:				
	Zhang Zhi				
	Is the Director/CEO also a substantial shareholder/unitholder of the Listed Issuer?				
	✓ Yes				
	□ No				
	Is the Director/CEO notifying in respect of his interests in securities of, or made available by, the Listed Issuer at the time of his appointment?				
	Yes (Please proceed to complete Part II)				
	✓ No (Please proceed to complete Part III)				
	Date of notification to Listed Issuer:				
	12-Nov-2024				

Part III - For an incumbent Director/CEO giving notice of an acquisition of, or a change in his interest in, securities of or made available by the Listed Issuer

	saction A ① Date of acquisition of or change in interest:				
L	5-Apr-2024				
	Date on which Director/CEO became aware of the acquisition of, or change in, interest (if different from item 1 above, please specify the date):				
1	5-Apr-2024				
Explanation (if the date of becoming aware is different from the date of acquisition of, or change in, interest):					
	Type of securities which are the subject of the transaction (more than one option may be chosen):				
Į,	Ordinary voting shares/units of Listed Issuer				
	Other types of shares/units (excluding ordinary voting shares/units) of Listed Issuer				
	Rights/Options/Warrants over shares/units of Listed Issuer				
Debentures of Listed Issuer					
	Rights/Options over debentures of Listed Issuer				
	Contracts over shares of the Listed Issuer which Director/CEO is a party to, or under which he is entitled to a benefit, being contracts under which any person has a right to call for or to make delivery of shares in the Listed Issuer				
	Participatory interests made available by Listed Issuer				
Γ	Others (please specify):				
•	Number of shares, units, rights, options, warrants, participatory interests and/or principal				
6	amount/value of debentures or contracts acquired or disposed of by Director/CEO:				
Ν	Not Applicable				
	Amount of consideration paid or received by Director/CEO (excluding brokerage and stamp duties):				

Circumstance giving rise to the interest or change in interest:
Acquisition of:
Securities via market transaction
Securities via off-market transaction (e.g. married deals)
☐ Securities via physical settlement of derivatives or other securities
Securities pursuant to rights issue
Securities via a placement
Securities following conversion/exercise of rights, options, warrants or other convertibles
Disposal of:
Securities via market transaction
Securities via off-market transaction (e.g. married deals)
Other circumstances :
Acceptance of employee share options/share awards
☐ Vesting of share awards
Exercise of employee share options
Acceptance of take-over offer for Listed Issuer
Corporate action by Listed Issuer (please specify):
✓ Others (please specify):
Mr Zhang Zhi had on 15 April 2024, acquired a 25% shareholding interest in Lingholm Holdings Pte. Ltd. ("Lingholm") who in turn holds 22,804,430 shares in Medi Lifestyle Limited. By virtue of Section 4 of the SFA, Mr Zhang Zhi is deemed interested in all the shares held by Lingholm in Medi Lifestyle Limited. Due to an inadvertent oversight, Mr Zhang Zhi's shareholding interest disclosure was not made at the time when he acquired the 25% shareholding interests in Lingholm.

8. Quantum of interests in securities held by Director/CEO before and after the transaction. Please complete relevant table(s) below (for example, Table 1 should be completed if the change relates to ordinary voting shares of the Listed Issuer; Table 4 should be completed if the change relates to debentures):

Table 1. Change in respect of ordinary voting shares/units of Listed Issuer

Immediately before the transaction	Direct Interest	Deemed Interest	Total
No. of ordinary voting shares/units held:	0	0	0
As a percentage of total no. of ordinary voting shares/units:	0	0	0
Immediately after the transaction	Direct Interest	Deemed Interest	Total
No. of ordinary voting shares/units held:	0	22,804,430	22,804,430

	As a	a percentage of total no. of ordinary ng shares/units:	0	15.24	15.24		
9.	[You	umstances giving rise to deemed I may attach a chart(s) in item 10 out in item 8 tables 1 to 8, arises]	to illustrate h		O's deemed interest, as		
	share	nang Zhi has on 15 April 2024, acquired es in Medi Lifestyle Limited. By virtue of emed interested in all the shares held b	Section 4 of the	e Securities and Future			
10.	Atta	chments (<i>if any</i>): 1	should not exce	ed 1MB.)			
1.	If thi	s is a replacement of an earlier r					
	(a)	SGXNet announcement referer	_	•	was announced on SGX	Net	
		(the "Initial Announcement"):		1			
	(b)	Date of the Initial Announcemen	nt:				
	(5)	Date of the finital / timedheemel					
	on in the Form 1 which w	was					
		attached in the Initial Announce	ement:				
2.	Remarks (if any):						
		The percentages immediately before and after the transaction are computed based on the Company's issued and paid up shares (excluding treasury shares) of 149,634,243 shares.					
Tra	ansac	tion Reference Number (auto-gei	nerated):				
0	0 2	0 9 6 6 4 5 0 4 3 0 7 0	· ¬				
Ite	m 13 i	s to be completed by an individual su	ubmitting this n	otification form on be	half of the Director/CEO.		
^	Particulars of Individual submitting this notification form to the Listed Issuer:						
3.		Name of Individual:					
ა .	(a)						
13.	(a)	Zhang Zhi					

	Non-Independent Non-Executive Deputy Chairman	
(c)	Name of entity (if applicable):	
	Medi Lifestyle Limited	