

(Constituted in the Republic of Singapore pursuant to a Trust Deed dated 12 July 2007 (as amended))

PARKWAY LIFE REAL ESTATE INVESTMENT TRUST 2019 FIRST QUARTER UNAUDITED FINANCIAL STATEMENT & DISTRIBUTION ANNOUNCEMENT

INTRODUCTION

Parkway Life Real Estate Investment Trust ("Parkway Life REIT") is a real estate investment trust constituted by the Trust Deed entered into on 12 July 2007 (as amended) between Parkway Trust Management Limited as the Manager and HSBC Institutional Trust Services (Singapore) Limited as the Trustee. Parkway Life REIT was listed on the Singapore Exchange Securities Trading Limited ("SGX-ST") on 23 August 2007 ("Listing Date").

Parkway Life REIT is one of the largest listed healthcare REITs in Asia by asset size. It was established to invest primarily in income-producing real estate and/or real estate-related assets in the Asia-Pacific region (including Singapore) that are used primarily for healthcare and/or healthcare-related purposes (including but not limited to, hospitals, healthcare facilities and real estate and/or real estate assets used in connection with healthcare research, education, and the manufacture or storage of drugs, medicine and other healthcare goods and devices), whether wholly or partially owned, and whether directly or indirectly held through the ownership of special purpose vehicles whose primary purpose is to own such real estate. In Singapore, Parkway Life REIT owns the largest portfolio of private hospitals comprising Mount Elizabeth Hospital, Gleneagles Hospital, and Parkway East Hospital (collectively, the "Singapore Hospital Properties").

In Japan, Parkway Life REIT owns one pharmaceutical product distributing and manufacturing facility in Chiba Prefecture, as well as 45 high quality nursing home and care facility properties located in various prefectures of Japan (collectively, the "Japan Properties").

As at 31 March 2019, Parkway Life REIT owns a well-diversified portfolio of 50 properties located in the Asia-Pacific region, including three hospitals in Singapore, 46 healthcare and healthcare-related assets in Japan and strata titled units/lots in Gleneagles Intan Medical Centre, Kuala Lumpur, Malaysia. Its total portfolio size stands at approximately S\$1.86 billion as at 31 March 2019.

Parkway Life REIT's policy is to distribute at least 90% of its taxable income and net overseas income, with the actual level of distribution to be determined by the Manager. An amount of S\$3.0 million is retained for capital expenditure on existing properties each year.

SUMMARY OF PARKWAY LIFE REIT'S RESULTS FOR THE QUARTER ENDED 31 MARCH 2019

| | | 1Q 2019 | 1Q 2018 | Incre | ase |
|--|-------|------------|------------|---------|-----|
| | Notes | S\$'000 | S\$'000 | S\$'000 | % |
| Gross Revenue | | 28,390 | 27,815 | 575 | 2.1 |
| Net Property Income | | 26,542 | 25,961 | 581 | 2.2 |
| Total Distributable Income to Unitholders | (a) | 19,829 | 19,167 | 662 | 3.5 |
| Distribution per unit (cents) | (b) | 3.28 | 3.17 | 0.11 | 3.5 |
| Annualised distribution per unit (cents) | | 13.12 | 12.68 | 0.44 | 3.5 |
| Distribution yield (%), based on - Closing market price of S\$2.92 as at 29 March 2019 | | 4.49 | 4.34 | | 3.5 |

- (a) Net of amount retained for capital expenditure on existing properties, amounting to \$\$3.0 million each year.
- (b) In computing the Distribution per Unit ("DPU"), the number of units in issue as at the end of each period is used.

1(a) Statement of Total Return (for the group), together with a comparative statement for the corresponding period of the immediately preceding financial year

Consolidated Statement of Total Return

| | | 1Q | 1Q | Inc/ |
|---|-------|---------|---------|--------|
| | Notes | 2019 | 2018 | (Dec) |
| | | S\$'000 | S\$'000 | % |
| Gross revenue | | 28,390 | 27,815 | 2.1 |
| Property expenses | | (1,848) | (1,854) | (0.3) |
| Net property income | | 26,542 | 25,961 | 2.2 |
| | | | | |
| Management fees | (a) | (2,898) | (2,798) | 3.6 |
| Trust expenses | (b) | (689) | (742) | (7.1) |
| Net foreign exchange gain | | 103 | 503 | (79.5) |
| Interest income | | 3 | - | 100.0 |
| Finance costs | (c) | (1,747) | (1,733) | 0.8 |
| Non-property expenses | | (5,228) | (4,770) | 9.6 |
| Total return before changes in fair value of financial | | 21,314 | 21,191 | 0.6 |
| derivatives | | | | |
| Net change in fair value of financial derivatives | (d) | 571 | (2,539) | n.m.¹ |
| Total return for the period before tax and distribution | | 21,885 | 18,652 | 17.3 |
| Income tax expense | (e) | (1,913) | (1,742) | 9.8 |
| Total return for the period after tax before distribution | | 19,972 | 16,910 | 18.1 |

- (a) Management fees comprise Manager's management fees and asset management fees payable to the asset managers of the Japan Properties.
- (b) Trust expenses comprise mainly of Trustee's fees, professional fees and travelling expenses.
- (c) Finance costs largely consist of interest expense on loans, settlement on interest rate swaps that provide fixed rate funding on loans and amortisation of transaction costs of establishing debt facilities.
- (d) The Group entered into foreign currency forward contracts to hedge its net foreign income from Japan. The changes in fair value of the foreign currency forward contracts were recognised in Statement of Total Return.
- (e) Included in 1Q 2019 income tax expense is the withholding tax of S\$1.2 million (1Q 2018: S\$1.1 million) and deferred tax of S\$0.7 million (1Q 2018: S\$0.6 million) in respect of the Japan investment properties for the temporary differences between the fair value and the tax written down value at the applicable tax rate.

¹ The term "n.m." used throughout the financial statement and distribution announcement denotes "not meaningful".

Distribution Statement

| | Notes | 1Q 2019 S\$'000 | 1Q 2018 S\$'000 | Inc/ (Dec) % |
|---|-------|-----------------------|-----------------------|--------------------|
| Total return after tax before distribution | | 19,972 | 16,910 | 18.1 |
| Non-tax deductible/(non-taxable) items: | | | | |
| Trustee's fees | | 79 | 76 | 3.9 |
| Amortisation of transaction costs relating to debt facilities | | 242 | 163 | 48.5 |
| Net change in fair value of financial derivatives | | (571) | 2,539 | n.m. |
| Foreign exchange gain | | (6) | (440) | (98.6) |
| Temporary differences | (a) | 713 | 632 | 12.8 |
| Others | | 150 | 37 | 305.4 |
| Net effect of non-tax deductible/(non-taxable) items | | 607 | 3,007 | (79.8) |
| Amount available for distribution to Unitholders | | 20,579 | 19,917 | 3.3 |
| Amount retained for capital expenditure | (b) | (750) | (750) | - |
| Distributable income to Unitholders | (c) | 19,829 | 19,167 | 3.5 |

- (a) This relates to deferred tax expense provided on the temporary difference between the fair value and the tax written down value at the applicable income tax rate in respect of the Japan investment properties.
- (b) An amount of S\$3.0 million is retained for capital expenditure on existing properties each year.
- (c) Parkway Life REIT's distribution policy is to distribute at least 90% of its taxable income and net overseas income, with the actual level of distribution to be determined at the Manager's discretion.

1(b)(i) Statement of financial position (for the issuer and group), together with a comparative statement as at the end of the immediately preceding financial year

| | Notes | Group 31/03/19 S\$'000 | Group 31/12/18 S\$'000 | Trust 31/03/19 S\$'000 | Trust 31/12/18 S\$'000 |
|---|-------|------------------------------------|----------------------------------|------------------------------|------------------------------|
| Current assets | | | | | |
| Trade and other receivables | | 11,402 | 11,211 | 10,179 | 10,170 |
| Financial derivatives | | 222 | 44 | 222 | 44 |
| Cash and cash equivalents | | 24,966 | 22,102 | 1,105 | 1,004 |
| | | 36,590 | 33,357 | 11,506 | 11,218 |
| Non-current assets | | | | | |
| Investment properties | (a) | 1,855,096 | 1,860,534 | 1,162,097 | 1,160,400 |
| Interests in subsidiaries | | - | - | 582,106 | 582,106 |
| Financial derivatives | | 472 | 237 | 472 | 237 |
| Total assets | | 1,892,158 | 1,894,128 | 1,756,181 | 1,753,961 |
| Current liabilities Financial derivatives Trade and other payables Current portion of security deposits Loans and borrowings Provision for taxation | (b) | 601 15,212 989 6,987 2 | 352 20,799 1,000 - 2 | 601 8,482 43 6,987 | 352 13,858 43 - |
| | | 23,791 | 22,153 | 16,113 | 14,253 |
| Non-current liabilities | | 0.050 | 4 000 | 0.050 | 4.000 |
| Financial derivatives | | 2,052 19,148 | 4,002 19,442 | 2,052 | 4,002 |
| Non-current portion of security deposits | | 19,146 | 19,442 | - | - |
| Loans and borrowings | (c) | 680,150 | 683,183 | 680,150 | 683,183 |
| Deferred tax liabilities | (0) | 29,268 | 28,955 | - | 000,100 |
| Total liabilities | | 754,409 | 757,735 | 698,315 | 701,438 |
| Net assets | | 1,137,749 | 1,136,393 | 1,057,866 | 1,052,523 |
| Represented by: Unitholders' funds | | 1,137,749 | 1,136,393 | 1,057,866 | 1,052,523 |
| Total equity | | 1,137,749 | 1,136,393 | 1,057,866 | 1,052,523 |

- (a) The decrease in investment properties was due to the depreciation of the Japanese Yen offset by the capital expenditure of existing assets.
- (b) The increase in current term borrowings was mainly due to drawdown of short term loan facility for working capital purposes.
- (c) The decrease in long term borrowings was mainly due to the depreciation of Japanese Yen partially offset by the drawdown of long term revolving credit facility for working capital purposes.

1(b)(ii) Aggregate amount of borrowings

| | Group 31/03/19 S\$'000 | Group 31/12/18 S\$'000 | Trust 31/03/19 S\$'000 | Trust 31/12/18 S\$'000 |
|---|------------------------------|------------------------------|------------------------------|------------------------------|
| Unsecured gross borrowings | | | | |
| Amount repayable within one year | 6,987 | - | 6,987 | - |
| Amount repayable after one year | 682,025 | 684,722 | 682,025 | 684,722 |
| Less: Transaction costs in relation to the term | | | | |
| loan and revolving credit facilities | (1,875) | (1,539) | (1,875) | (1,539) |
| | 687,137 | 683,183 | 687,137 | 683,183 |

Parkway Life REIT has a Baa2 issuer rating, as well as a provisional (P)Baa2 senior unsecured rating to the \$\$500 million Multicurrency Debt Issuance Programme (the "Debt Issuance Programme") by Moody's, with Stable Outlook.

Parkway Life REIT's gearing was 36.4% as at 31 March 2019, within the 45% limit allowed under the Monetary Authority of Singapore's Property Funds Appendix.

(a) Details of borrowings and collateral

Unsecured Borrowings

On 25 February 2019, the Group has entered into two 6-year committed and unsecured term loan facilities ("6-year TLF") amounted to JPY7,898 million (approximately S\$96.6 million²). On 8 March 2019, these 6-year TLF were drawn down to refinance and fully termed out the existing JPY loan facilities due in 2020.

As at 31 March 2019, the total credit facilities drawn of JPY27,598 million (approximately \$\$337.5 million²) and \$\$200.2 million (the "**Long Term Facilities**") were committed, unsecured and rank *pari passu* with all the other present and future unsecured debt obligations of Parkway Life REIT.

Interest on the Long Term Facilities is subject to re-pricing on a monthly or quarterly basis or any other interest period as mutually agreed between the lenders and the Group, and is based on the relevant floating rate plus a margin.

In addition, Parkway Life REIT has two unsecured and uncommitted short term multi-currency facilities ("**Short Term Facilities**") amounting to S\$120 million for general working capital purposes. As at 31 March 2019, the Group has drawn down S\$3.0 million and JPY326 million (approximately S\$4.0 million²) over one to three months via the Short Term Facilities, at the bank's cost of fund.

Unsecured Debt Issuance

Parkway Life REIT, through its wholly-owned subsidiary, Parkway Life MTN Pte Ltd (the "MTN Issuer"), has put in place a S\$500 million Multicurrency Debt Issuance Programme to provide Parkway Life REIT with the flexibility to tap various types of capital market products including issuance of perpetual securities when needed.

Under the Debt Issuance Programme, the MTN Issuer is able to issue notes while HSBC Institutional Trust Services (Singapore) Limited (in its capacity as trustee of Parkway Life REIT) (the "Parkway Life REIT Trustee") is able to issue perpetual securities.

The notes shall constitute direct, unconditional, unsecured and unsubordinated obligations of the respective issuer ranking *pari passu*, without any preference or priority among themselves, and *pari passu* with all other present and future unsecured obligations (other than subordinated obligations and priorities created by law) of the respective issuer. All sums payable in respect of the notes issued by the MTN Issuer are unconditionally and irrevocably guaranteed by Parkway Life REIT Trustee.

² Based on exchange rate of S\$1.223 per JPY100 as at 31 March 2019.

The liability of the trustee shall be limited to the assets of Parkway Life REIT over which the trustee has recourse.

As at 31 March 2019, there were three series of outstanding fixed rate notes issued under the Debt Issuance Programme amounted to JPY11,800 million (approximately \$\$144.3 million²).

(b) Interest Rate Swaps and Foreign Currency Forwards

For the financing facilities put in place for the acquisitions of investment properties in Japan, the Group has entered into various interest rate swaps and fixed rate cross currency swap to hedge the floating rate loans.

The appropriate hedge accounting treatment is applied to the interest rate swaps and fixed rate cross currency swap whereby the effective portion of changes in the fair value are recognised directly in Unitholders' funds. To the extent that the hedge is ineffective, such differences are recognised in the Statement of Total Return.

The Group has also entered into foreign currency forward contracts to hedge the net foreign income from Japan. As at 31 March 2019, the Group has put in place Japanese Yen forward contracts till 1Q 2023. This enhances the stability of distribution to Unitholders.

The changes in fair value of the foreign currency forward contracts were recognised in the Statement of Total Return.

1(c) Statement of cash flows (for the group), together with a comparative statement for the corresponding period of the immediately preceding financial year

| | Notes | 1Q 2019 S\$'000 | 1Q 2018 S\$'000 |
|--|-------|--------------------|--------------------|
| Operating activities | | | |
| Total return before tax and distribution | | 21,885 | 18,652 |
| Adjustments for | | | |
| Interest income | | (3) | - |
| Finance costs | | 1,747 | 1,733 |
| Net change in fair value of financial derivatives | | (571) | 2,539 |
| Operating income before working capital changes | | 23,058 | 22,924 |
| Changes in working capital | | | |
| Trade and other receivables | | (203) | 142 |
| Trade and other payables | | (3,782) | (3,455) |
| Security deposits | | (26) | 575 |
| Cash generated from operations | | 19,047 | 20,186 |
| Income tax paid | | (1,264) | (1,147) |
| Cash flows generated from operating activities | (a) | 17,783 | 19,039 |
| | | | |
| Investing activities | | | |
| Interest received | | 3 | - |
| Capital expenditure on investment properties | | (3,492) | (1,595) |
| Cash outflow on purchase of investment properties (including | (b) | - | (20,768) |
| acquisition related costs) | | | |
| Cash flows used in investing activities | (c) | (3,489) | (22,363) |
| Financing activities | | | |
| Interest paid | | (1,586) | (1,520) |
| Distribution to Unitholders | | (19,844) | (20,449) |
| Proceeds from notes issuance | | _ | `43,190 |
| Proceeds from borrowings | | 116,196 | 95,922 |
| Repayment of borrowings | | (105,193) | (112,998) |
| Borrowing costs paid | | (578) | (408) |
| Cash flows (used in)/generated from financing activities | (d) | (11,005) | 3,737 |
| Net increase in cash and cash equivalents | | 3,289 | 413 |
| Cash and cash equivalents at beginning of the period | | 21,832 | 25,462 |
| Effects of exchange differences on cash balances | | (421) | 611 |
| Cash and cash equivalents at end of the period ³ | | 24,700 | 26,486 |

³ Cash and cash equivalents at the respective period end exclude a cash deposit of JPY21.7 million (approximately S\$0.27 million) placed with the Group by a vendor, for the purpose of Rental Income Guarantee.

- (a) The lower cash flows from operating activities in 1Q 2019 was mainly due to one-off receipt of security deposit and advance rent for the new property acquired in February 2018 partially offset by the operating cash flows from the new property and higher rent from the Singapore properties.
- (b) Net cash outflow on purchase of investment properties (including acquisition related costs) was as follows:

| | 1Q 2019 S\$'000 | 1Q 2018 S\$'000 |
|--|--------------------|--------------------|
| Investment properties | - | 18,450 |
| Acquisition related costs | - | 2,318 |
| Net cash outflow/Cash consideration paid | - | 20,768 |

- (c) The cash flows in investing activities in 1Q 2019 was mainly due to payment of capital expenditure on existing properties.
- (d) The cash flows in financing activities in 1Q 2019 mainly due to payment of 4Q 2018 distribution to Unitholders.

1(d)(i) Statement of changes in Unitholders' funds

| | Notes | Group 1Q 2019 S\$'000 | Group 1Q 2018 S\$'000 |
|--|-------|-----------------------------|-----------------------------|
| Unitholders' funds at beginning of period | | 1,136,393 | 1,065,340 |
| Operations Total return after tax | | 19,972 | 16,910 |
| Translation transactions Net movement in foreign currency translation reserve | (a) | 859 | (3,677) |
| Hedging reserve Net movement in hedging reserve | (b) | 369 | 1,345 |
| Unitholders' transactions Distribution to Unitholders | | (19,844) | (20,449) |
| Unitholders' funds at end of period | | 1,137,749 | 1,059,469 |

| | Notes | Trust 1Q 2019 S\$'000 | Trust 1Q 2018 S\$'000 |
|---|-------|-----------------------------|-----------------------------|
| Unitholders' funds at beginning of period | | 1,052,523 | 1,026,098 |
| Operations Total return after tax | | 24,818 | (10,840) |
| Hedging reserve Net movement in hedging reserve | (b) | 369 | 1,345 |
| Unitholders' transactions Distribution to Unitholders | | (19,844) | (20,449) |
| Unitholders' funds at end of period | | 1,057,866 | 996,154 |

- (a) Foreign currency translation reserve encompass the exchange differences arising from the translation of the financial statements of the foreign operations, as well as the effective portion of any currency differences arising from hedges of net investments in foreign operations.
- (b) Hedging reserve comprises the effective portion of the cumulative net change in the fair value of cash flow hedging instruments used to hedge against cash flow variability arising from interest payments on floating rate loans.

1(d)(ii) Details of any changes in the units

| | 1Q 2019 '000 | 1Q 2018 '000 |
|--|-----------------|-----------------|
| Units in issue at beginning and at end of period | 605,002 | 605,002 |

2 Whether the figures have been audited or reviewed, and in accordance with which auditing standard or practice.

The figures have not been audited or reviewed by our auditors.

3 Where the figures have been audited or reviewed, the auditors' report (including any qualifications or emphasis of matter).

Not Applicable.

4 Whether the same accounting policies and methods of computation as in the issuer's most recently audited annual financial statements have been applied.

Except as disclosed in paragraph 5 below, the accounting policies and methods of computation applied in the financial statements for the current reporting period are consistent with those disclosed in the audited financial statements for the year ended 31 December 2018.

5 If there are any changes in the accounting policies and methods of computation, including any required by an accounting standard, what has changed, as well as the reasons for, and the effect of, the change.

The Group adopted a number of new standards, amendments to standards and interpretations that are effective for annual periods beginning on or after 1 January 2019. The adoption of new standards, amendments to standards and interpretations did not result in any significant impact on the financial statements of the Group.

6 Earnings per unit ("EPU") and distribution per unit ("DPU") for the period

| | Notes | 1Q 2019 '000 | 1Q 2018 '000 |
|--|-------|--------------------|--------------------|
| Number of units in issue at end of period | | 605,002 | 605,002 |
| Weighted average number of units for the period Earnings per unit in cents (basic and diluted) (EPU) | (a) | 605,002 3.30 | 605,002 2.80 |
| Applicable number of units for calculation of DPU Distribution per unit in cents (DPU) | (b) | 605,002 3.28 | 605,002 3.17 |

Note(s):

- (a) In calculating EPU, the total return for the period after tax, and the weighted average number of units issued as at the end of each period is used. The diluted EPU is the same as the basic EPU as there are no dilutive instruments in issue during the period.
- (b) In computing DPU, the number of units in issue as at the end of each period is used.

7 Net asset value per unit and net tangible asset per unit based on units issued at the end of the period

| | Notes | Group 31/03/19 S\$ | Group 31/12/18 S\$ | Trust 31/03/19 S\$ | Trust 31/12/18 S\$ |
|--|-------|--------------------------|--------------------------|--------------------------|--------------------------|
| Net asset value ("NAV") per unit | (a) | 1.88 | 1.88 | 1.75 | 1.74 |
| Adjusted NAV per unit (excluding the distributable income) | | 1.85 | 1.85 | 1.72 | 1.71 |
| Net tangible asset per unit | (a) | 1.88 | 1.88 | 1.75 | 1.74 |

Note(s):

(a) Net asset value per unit and net tangible asset per unit is calculated based on the number of units in issue as at the respective period end.

8 Review of the performance

| | 1Q | 1Q | Inc/ |
|---|---------|---------|--------|
| | 2019 | 2018 | (Dec) |
| | S\$'000 | S\$'000 | % |
| Gross revenue | 28,390 | 27,815 | 2.1 |
| Property expenses | (1,848) | (1,854) | (0.3) |
| Net property income | 26,542 | 25,961 | 2.2 |
| | | | |
| Management fees | (2,898) | (2,798) | 3.6 |
| Trust expenses | (689) | (742) | (7.1) |
| Net foreign exchange gain | 103 | 503 | (79.5) |
| Interest income | 3 | - | 100.0 |
| Finance costs | (1,747) | (1,733) | 8.0 |
| Non-property expenses | (5,228) | (4,770) | 9.6 |
| Total return before changes in fair value of financial | 21,314 | 21,191 | 0.6 |
| derivatives | | | |
| Net change in fair value of financial derivatives | 571 | (2,539) | n.m. |
| Total return for the period before tax and distribution | 21,885 | 18,652 | 17.3 |
| Income tax expense | (1,913) | (1,742) | 9.8 |
| Total return for the period after tax before distribution | 19,972 | 16,910 | 18.1 |
| Net effect of non-tax deductible/(non-taxable) items | 607 | 3,007 | (79.8) |
| Amount available for distribution to Unitholders | 20,579 | 19,917 | 3.3 |
| Amount retained for capital expenditure | (750) | (750) | - |
| Distributable income to Unitholders | 19,829 | 19,167 | 3.5 |
| Distribution per Unit (cents) | 3.28 | 3.17 | 3.5 |
| Annualised Distribution per Unit (cents) | 13.12 | 12.68 | 3.5 |

1Q 2019 Vs 1Q 2018

Gross revenue for 1Q 2019 was higher than 1Q 2018 by S\$0.6 million mainly due to contribution from one nursing rehabilitation facility acquired on 14 February 2018, higher rent from the Singapore properties and appreciation of Japanese Yen as compared to the same period last year.

After deducting property expenses, we have achieved a net property income of S\$26.5 million for 1Q 2019, which was S\$0.6 million higher than 1Q 2018.

The increase in management fees was mainly due to higher deposited property value and higher net property income from the property acquired in February 2018, as well as valuation gains on the existing property portfolio which led to a corresponding increase in deposited property.

Trust expenses were lower than 1Q 2018 due to lower professional fees incurred for 1Q 2019. In the same period, the Group has recognised a realised foreign exchange gain of S\$0.1 million from the delivery of quarterly Japanese Yen forward contracts.

In line with the growth of portfolio, finance costs have increased marginally due to rising interest costs for the Singapore dollars debts and appreciation of Japanese Yen partially offset by the finance cost savings arising from the refinancing initiatives completed in 2018 and 1Q 2019. In addition, there was higher one-time write-off of remaining un-amortised transaction costs from the debt facilities that were refinanced in 2019.

Overall, distribution per unit (DPU) of 3.28 cents for 1Q 2019 has outperformed by 3.5% or 0.11 cents as compared to 1Q 2018, mainly led by acquisition, rental growth of existing properties and financing cost savings.

9 Review of the performance against Forecast/Prospect Statement

Not Applicable.

10 Commentary on the significant trends and competitive conditions of the industry in which the group operates and any known factors or events that may affect the group in the next reporting period and the next 12 months.

The long-term outlook of the industry continues to be driven by aging population and demand for better quality healthcare and aged care services. Notwithstanding that, Parkway Life REIT remains cautious and vigilant given the current uncertainties in the macro economy and volatility in the financial market.

Parkway Life REIT's enlarged portfolio of 50 high-quality healthcare and healthcare-related assets places it in a good position to benefit from the resilient growth of the healthcare industry in the Asia Pacific region. Also, the portfolio is largely supported by favourable rental lease structures, where at least 95% of its Singapore and Japan portfolios have downside revenue protection and 61% of the total portfolio is pegged to CPI-linked revision formula, ensuring steady rental growth whilst protecting revenue stability amid uncertain market conditions.

In addition, Parkway Life REIT adopts prudent financial risk management to manage the exposure to interest rate risk and foreign currency risk. Interest rate risk is managed on an ongoing basis by largely hedging long-term committed borrowings using interest rate hedging financial instruments or issuance of fixed rate notes. This strengthens Parkway Life REIT's resilience against potential interest rate hikes. Foreign currency risk is managed by adopting a natural hedge strategy for the Japanese investments to maintain a stable net asset value and putting in place Japanese Yen forward contracts to shield against Japanese Yen currency volatility.

11 Distributions

(a) Current financial period

Any distributions declared for the

current financial period: Yes

Name of distribution: First quarter distribution for the period from 1 January 2019 to 31

March 2019

| Distribution Type | Distribution Rate (cents per unit) |
|----------------------|------------------------------------|
| Taxable Income | 2.32 |
| Exempt Income | 0.47 |
| Capital Distribution | 0.49 |
| Total | 3.28 |

Par value of units: Not meaningful

Tax rate: Taxable Income Distribution

Qualifying Unitholders and individuals (other than those who hold their units through a partnership in Singapore or from the carrying on of a trade, business or profession) will generally receive pre-tax distributions. Individuals who derive any distribution through a partnership in Singapore or from the carrying on of a trade, business or profession will be taxed at the individual's tax rates.

Qualifying non-resident non-individual Unitholders will receive their distributions after deduction of tax at the rate of 10%.

All other Unitholders will receive their distributions after deduction of tax at the rate of 17%.

Exempt Income Distribution

Tax-exempt income distribution is exempt from Singapore income tax in the hands of all Unitholders.

Capital Distribution

Capital distribution represents a return of capital to Unitholders for Singapore tax purposes and is therefore not subject to income tax. For Unitholders who hold the Units as trading assets, the amount of capital distribution will be applied to reduce the cost base of their Units for the purpose of calculating the amount of taxable trading gains arising from the disposal of the Units.

(b) Corresponding period of the immediately preceding year

Any distributions declared for the previous corresponding financial period: Yes

Name of distribution:

First quarter distribution for the period from 1 January 2018 to 31

March 2018

| Distribution Type | Distribution Rate (cents per unit) |
|----------------------|------------------------------------|
| Taxable Income | 2.29 |
| Exempt Income | 0.35 |
| Capital Distribution | 0.53 |
| Total | 3.17 |

Par value of units: Not meaningful

Tax Rate: Taxable Income Distribution

Qualifying Unitholders and individuals (other than those who hold their units through a partnership in Singapore or from the carrying on of a trade, business or profession) will generally receive pre-tax distributions. Individuals who derive any distribution through a partnership in Singapore or from the carrying on of a trade, business or profession will be taxed at the individual's tax rates.

Qualifying non-resident non-individual Unitholders will receive their distributions after deduction of tax at the rate of 10%.

All other Unitholders will receive their distributions after deduction of tax at the rate of 17%.

Exempt Income Distribution

Tax-exempt income distribution is exempt from Singapore income tax in the hands of all Unitholders.

Capital Distribution

Capital distribution represents a return of capital to Unitholders for Singapore tax purposes and is therefore not subject to income tax. For Unitholders who hold the Units as trading assets, the amount of capital distribution will be applied to reduce the cost base of their Units for the purpose of calculating the amount of taxable trading gains arising from the disposal of the Units.

(c) Book closure date: 7 May 2019

(d) Date payable: 30 May 2019

12 If no distribution has been declared/recommended, a statement to that effect.

Not Applicable.

13 If the group has obtained a general mandate from shareholders for IPTs, the aggregate value of such transactions as required under Rule 920(1)(a)(ii). If no IPT mandate has been obtained, a statement to that effect.

Parkway Life REIT has not obtained a general mandate from Unitholders for interested parties transactions.

14 Confirmation pursuant to Rule 720(1) of the Listing Manual

The Manager hereby confirms that it has procured undertakings from all its directors and executive officers under Rule 720(1).

15 Confirmation pursuant to Rule 705(5) of the Listing Manual

CONFIRMATION BY THE BOARD PURSUANT TO RULE 705(5) OF THE LISTING MANUAL

We confirm that, to the best of our knowledge, nothing has come to the attention of the Board of Directors of Parkway Trust Management Limited (as Manager of Parkway Life REIT) which may render these unaudited interim financial results to be false or misleading in any material aspect.

On behalf of the Board of Directors of Parkway Trust Management Limited (as Manager of Parkway Life REIT)

Yong Yean Chau

Chief Executive Officer and Executive Director

Ho Kian Guan

Chairman and Independent Director

This announcement may contain forward-looking statements that involve assumptions, risks and uncertainties. Actual future performance, outcomes and results may differ materially from those expressed in forward-looking statements as a result of a number of risks, uncertainties and assumptions. Representative examples of these factors include (without limitation) general industry and economic conditions, interest rate trends, cost of capital and capital availability, competition, shifts in expected levels of property rental income, changes in operating expenses, property expenses, governmental and public policy changes and the continued availability of financing in the amounts and the terms necessary to support future business.

You are cautioned not to place undue reliance on these forward-looking statements, which are based on the Manager's current view of future events.

Any discrepancies in the tables included in this announcement between the listed amounts and total thereof are due to rounding.

By Order of the Board Parkway Trust Management Limited (as Manager of Parkway Life REIT) Company Registration No. 200706697Z

Chan Wan Mei Company Secretary 26 April 2019

This announcement has been prepared and released by Parkway Trust Management Limited, as manager of Parkway Life REIT.

Important Notice

This Announcement is for information only and does not constitute an invitation or offer to acquire, purchase or subscribe for units in Parkway Life Real Estate Investment Trust ("Parkway Life REIT" and the units in Parkway Life REIT, the "Units").

The value of the Units and the income derived from them may fall as well as rise. The Units are not obligations of, deposits in, or guaranteed by, Parkway Trust Management Limited, as manager of Parkway Life REIT (the "Manager"), or any of its affiliates. Investors have no right to request the Manager to redeem their Units while the Units are listed. It is intended that unitholders of Parkway Life REIT may only deal in their Units through trading on Singapore Exchange Securities Trading Limited (the "SGX-ST"). Listing of the Units on the SGX-ST does not guarantee a liquid market for the Units. The past performance of Parkway Life REIT or the Manager is not necessarily indicative of the future performance of Parkway Life REIT or the Manager. An investment in Units is subject to investment risks, including the possible loss of the principal amount invested.